



Utah's Premier Game (10u)

SF Dudes – UC Hooks – Utah Bambinos
 Battle – SV Players
 Voltage – Utah Moose – Defenders – Pondtown Roots
 Millard 9's – Limitless Baseball – **RA White**

Post 9/14/25

Salem Loafer View Recreation Complex 500 East Canal Road - Salem, Utah	Springville Bird Park 1208 East 900 South, Springville	Nephi Canyon View Park 600 East 100 North, Nephi
Nephi - Nebo View Park 990 North 400 East, Nephi	Sp. Fork Russell Swenson BallPark 300 South 300 West, Spanish Fork	Lehi Veterans Ball Park 850 West Main Street, Lehi
Spanish Fork Sports Park 960 South Volunteer Way, Sp. Fork	Payson Hillman Fields 960 South Main Street, Payson	Pleasant Grove Discovery Park 1511 North 100 East, Pl. Grove

No metal spikes on portable mounds.

Monday – August 18th

sunset 8:17p

Spanish Fork Sports Park – Field 6	Salem Loafer Complex – Field 5
4:20p Utah Bambinos vs. UC Hooks 6:20p UC Hooks vs. Millard 8:20p Millard vs. Defenders	4:20p RA White vs. SV Players 6:20p Defenders vs. RA White 8:20p SV Players vs. Utah Bambinos
Springville Bird Park – East Field	Springville Bird Park – West Field
5:00p Limitless vs. Voltage 7:00p Voltage vs. Pondtown Roots	4:20p Pondtown Roots vs. SF Dudes 6:20p SF Dudes vs. Utah Moose 8:20p Utah Moose vs. Limitless

Monday – August 25th

sunset 8:06p

Spanish Fork Sports Park – Field 6	Salem Loafer Complex – Field 5
4:20p Utah Bambinos vs. Defenders 6:20p Limitless vs. Defenders 8:20p Limitless vs. Pondtown Roots	4:20p SF Dudes vs. SV Players 6:20p SF Dudes vs. Battle 8:20p UC Hooks vs. Battle
Springville Bird Park – East Field	Springville Bird Park – West Field
5:00p Voltage vs. Millard 7:00p RA White vs. Millard	5:00p RA White vs. Pondtown Roots 7:00p Voltage vs. Utah Moose

Monday – Sept. 8th

sunset 7:44p

Spanish Fork Sports Park – Field 6	Salem Veterans Park – North Field
5:00p Pondtown Roots vs. Millard 7:00p Millard vs. Utah Moose	4:20p SF Dudes vs. Utah Bambinos 6:20p Battle vs. Bambinos 8:20p Pondtown Roots vs. Battle
Springville Bird Park – East Field	Springville Bird Park – West Field
4:20p SV Players vs. Defenders* 6:20p Defenders vs. Limitless 8:20p UC Hooks vs. Limitless	4:20p Utah Moose vs. RA White 6:20p RA White vs. UC Hooks 8:20p SV Players vs. SF Dudes

Monday – Sept. 15th

sunset 7:32p

Spanish Fork Sports Park – Field 6	Salem Veterans Park – North Field
5:00p Utah Moose vs. UC Hooks 7:00p UC Hooks vs. SV Players	5:30p Utah Bambinos vs. Pondtown Roots
Springville Bird Park – East Field	Springville Bird Park – West Field
4:20p RA White vs. SV Players 6:20p Battle vs. RA White 8:20p SF Dudes vs. Battle	4:20p Defenders vs. Voltage 6:20p Millard vs. Voltage 8:20p Millard vs. Pondtown Roots

Monday – Sept. 22nd

sunset 7:20p -

Pleasant Grove Discovery – Field 2	Payson Hillman North Complex – Field 8
5:00p UC Hooks vs. Limitless 7:00p RA White vs. Limitless	5:30p 7:30p
Springville Bird Park – East Field	Springville Bird Park – West Field
4:20p Utah Moose vs. Defenders 6:20p Defenders vs. Battle 8:20p Utah Bambinos vs. Battle	4:20p Utah Bambinos vs. SF Dudes 6:20p Utah Moose vs. Voltage 8:20p Voltage vs. SV Players

Monday – Sept. 29th

sunset 7:00p -

Salem Loafer Complex – field 5	Salem Veterans Park – East Field

1. 10u -14u will play 1 hour and 45 minutes. Home team will have final at bats.
No tie breakers will be played after time limit. Games end in a tie, no extra innings in league play.
2. Home team will be listed first on the schedule.
3. Game ending mercy rule will be used 9u and up. 15 rules after 4 innings - 10 after 5 innings.
No Auto outs are used in UPG Baseball Coaches, class is one of the skills of this game.
Teach it.
4. Field usage. No infield warm-ups. Please do not allow your players to warm-up, playing catch on the infield grass areas. The outfield grass area is great for warm-up catch and long toss.

High School Federation rules will be used as the base rule book for league play. "That's what the umpires know." A. Third to first pickoff is good, fair and legal. B. Only the starting pitch may be re-entered to pitch. C. All balks are dead balls. D. No slash Bunting, this will result in a deadball out.
5. Batting Order re-entry rule: Starters may only re-enter the line-up one time in their original spot. Subs may not re-enter after being pulled from the offensive line-up. Teams may bat more than 9 players.
6. Unlimited Defensive substitutions. Your defensive line-up is not related to your batting order. A player may play defense and never enter the batter's box. Only the starting pitcher may re-enter to pitch, 1 time.

Restrictions on cleats and bats. No metal cleats on portable mounds. All big barrel bats will be governed by USSSA standards. Any bat that lands on the band bat list will not be allowed.
<https://www.batdigest.com/blog/illegal-bats-list/> No retooled bats.
Once it is on the list, it is not legal. 14u baseball must use BBCOR stamped bats.
A. All helmets must be crack free and have a NOCSAE stamp. B. No Bat boys allowed.
7. Protests. There are none, remember why you are playing. Issues with umpires, players or opposing teams may be filed to Matt on Tuesday. Give it a day and see if it really needs to be addressed. If you are the problem, you will be dismissed.
8. Slide rule. This is an avoid contact rule that will be enforced by umpire judgment (interference). Be smart and slide. Malicious contact will result in an ejection. You may not blow up the catcher. Ejected players or coaches will sit their team's next game as well.
9. Keep your team hustling on and off the field. Game time will be kept on the field by the umpire. You will know when it starts.
10. Speed up for Pitchers & catchers will be allowed. Please have a backup catcher ready to warm up pitchers between innings. This is key to playing a complete game. Last out should be the speed up runner. Not your fastest runner.
11. Four innings or 1 hour of play will constitute a complete game if halted due to weather.
12. Please make sure your team cleans your dugout area after every game you play. You are guests.

13. Show respect to the umpires. If a rule is in question, get the umpire together with the two coaches and get it right. "Teach your players something." Umpire issues should be addressed with Matt. "If you get dumped, it will not be over turned." Each of these umpires is a former player and someone's son. Treat them like one of your sons. Only 2 coaches are allowed outside the dugout at one time. When a coach or parent is ejected. They will be required to leave the park. In addition to the ejected person leaving the park, the player associated with said ejected person will also result in the player being ejected. Don't ruin the game for the kids.

17. Pitching regulations. A pitcher may throw 10 innings in a week of UPG baseball play. A max of 7 innings in a day for a pitcher. Coaches should safeguard their pitchers that throw in multiple leagues. UHSAA has limited pitchers to a maximum of 110 pitches a day. This is a great guideline. It is not our rule, but it is suggested to use this as a baseline of smart pitching management.

18. **No dogs in the parks.** All Cities we play in have restrictions on dogs in their baseball parks. Please leave your dog at home. The games are about the boys, not your dog.

19. Music in your dugout and walk-up songs; Music is and can be a fun part of the game. Note that in most places we play that there are multiple fields. Keep music to a limited volume level so as not to interfere with other fields. If the volume becomes an issue, the music will be terminated for the remainder of the game.

20. Only players and Coaches allowed in the Dugouts. A total of 3 coaches. No parents or siblings. No food is allowed in the dugouts.